

TRAINING TOPIC #5:

PREVENTION AND RESPONSE TO EMERGENCIES DUE TO ALLERGIC REACTIONS TO FOOD, INSECT BITES, AND ASTHMA

TRAINING INSTRUCTIONS

Part I: Read the information sheet “Prevention and Control”

Part II: Watch the video “Anaphylaxis Training Video”

Additional PDF resource: “Anaphylaxis -- Recognize and Respond”

Part III: Watch the video “Asthma Care Training for Child Care Providers”

Additional PDF resource: “Asthma Triggers”

TRAINING OBJECTIVES (learning points):

Part I: Identify what you can do to prevent food allergies.

Part II: Identify the signs and symptoms of a severe allergic reaction.....know when to call **911**

Part III: Identify asthma's triggers, asthma's warning signs and symptoms and how to treat asthma attacks.

Part I: Preventing and Controlling Food and Other Allergies in Day Care

There is no cure for food allergies at this time. Prevention of symptoms is the main way to treat allergies. Based on the child's special care plan, the child care provider must demonstrate competence in, and implement measures for

- Preventing exposure to foods and allergens to which the child is allergic;
- Recognize the symptoms of allergic reactions;
- And treat allergic reactions.

Staff in schools and early care and education (ECE) programs can take concrete actions to protect children with food allergies when they are not in the direct care of their parents or family members. When prevention actions are put into place by child care providers, they help keep children safe and remove one more health barrier that keeps some children from reaching their full potential.



Read the information sheet.

It gives a list of prevention actions to take:



Part II: Recognizing and Responding to Emergencies due to Allergic Reactions

Symptoms

- Skin reactions, itching, hives
- Flushed and pale skin
- Lower blood pressure
- Difficulty breathing
- Choking
- Weak and rapid pulse rate
- Vomiting
- Nausea
- Dizziness or fainting

Treatment involves epinephrine injection and self care



<https://youtu.be/NB3b75DN13M>

ANAPHYLAXIS TRAINING VIDEO

5:35 minutes

An extreme allergic reaction that requires immediate attention



Swelling

- Skin reactions such as itching and hives
- Weak and rapid pulse rate



Anaphylaxis: Recognize and Respond

This PDF resource will help you know what to do when allergies attack. This reference-guide breaks down mild and severe allergic reaction signs and what to do in response.

Know when to call 911

PART III: ASTHMA CARE

Know when to call 911



<https://youtu.be/0KLL045FIdY>

18:08
minutes

Asthma Overview for Childcare Providers

- What is Asthma?
- Controlling Asthma
- Caring for Asthma Equipment

READ: Asthma Triggers

REDUCE
Asthma Symptoms
At Home

CLICK HERE

